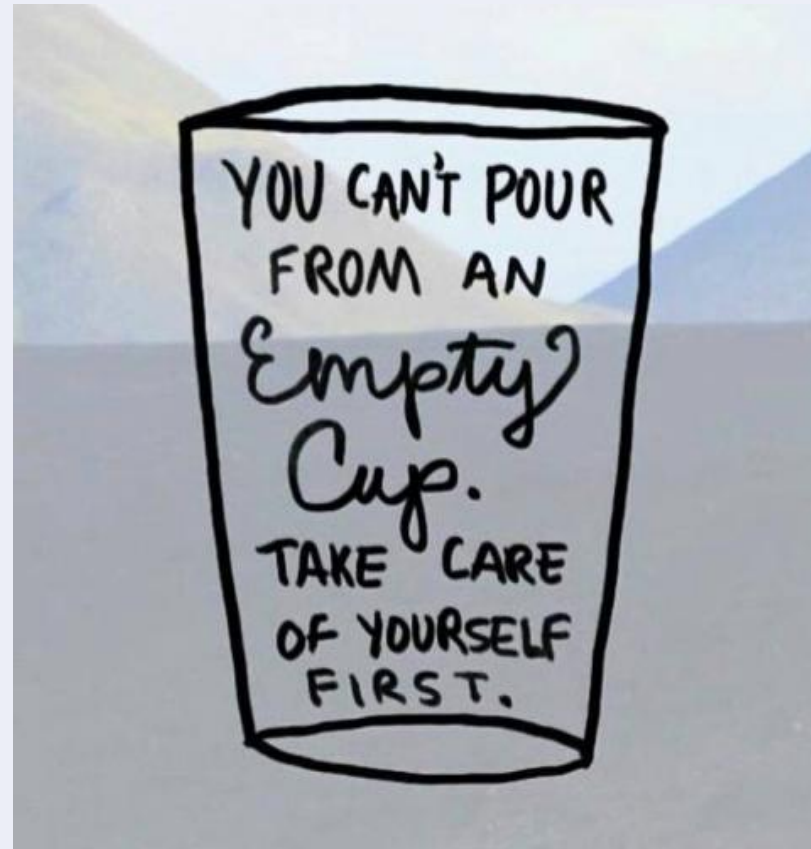


# WHAT DOES IT MEAN TO BE A TRAUMA INFORMED COMMUNITY?

MELISSA MCGINN, MSW, LCSW





Take a Break if you need it!

Building **RESILIENT AND TRAUMA-INFORMED** communities is essential to improving public health and well-being. Communities can be places where traumatic events occur, and they can also help keep us safe. They can be a source of trauma, or buffer us against the negative effects of adversity. Communities can collectively experience trauma much like individuals do, and they can be a resource for healing.

SAMHSA

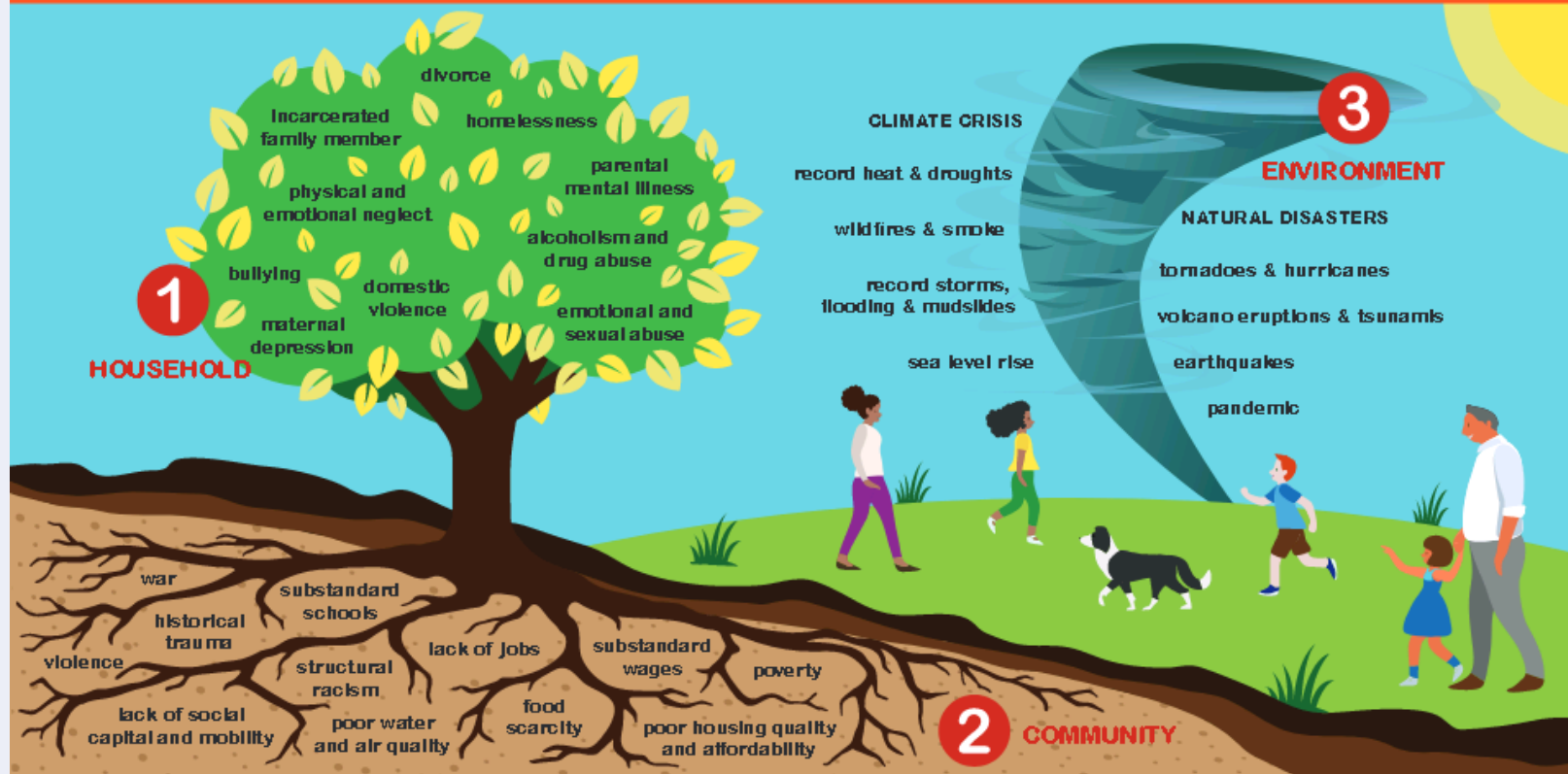
# THE INVISIBLE BAGS WE CARRY





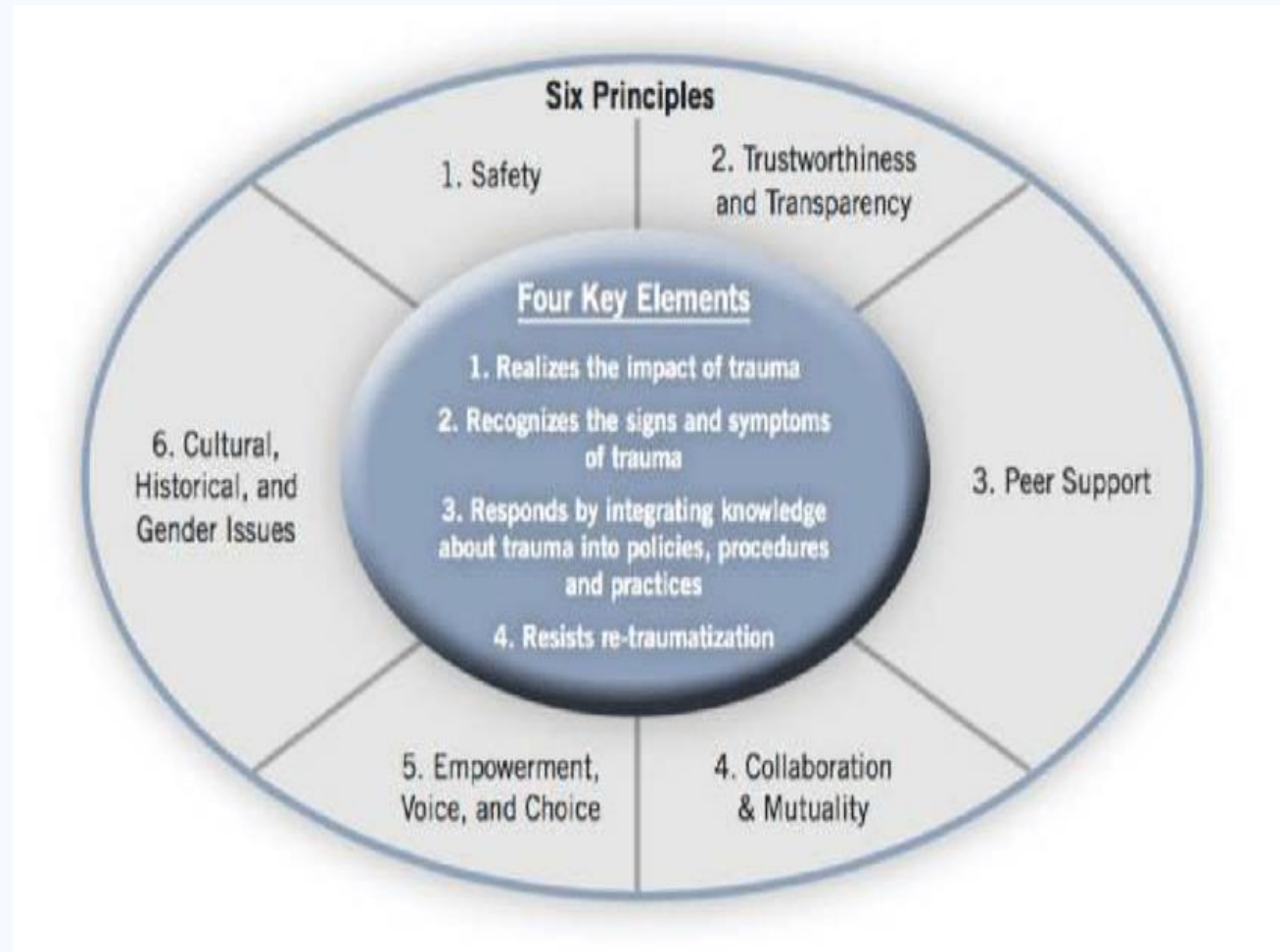
# 3 Realms of ACEs

Adverse childhood and community experiences (ACEs) can occur in the household, the community, or in the environment and cause toxic stress. Left unaddressed, toxic stress from ACEs harms children and families, organizations, systems and communities, and reduces the ability of individuals and entities to respond to stressful events with resiliency. Research has shown that there are many ways to reduce and heal from toxic stress and build healthy, caring communities.



Thanks to Building Community Resilience Collaborative and Networks and the International Transformational Resilience Coalition for inspiration and guidance. Please visit [ACESConnection.com](https://www.acesconnection.com) to learn more about the science of ACEs and join the movement to prevent ACEs, heal trauma and build resilience.





# SAMHSA'S 6 KEY PRINCIPLES

The trauma-informed community prevents violence across the lifespan and creates safe physical environments.

SAFETY

The trauma-informed community fosters positive relationships among residents among residents, City Hall, police, schools, and others.

TRUSTWORTHINESS

The trauma-informed community ensures opportunities for growth are available for all.

EMPOWERMENT



# SAMHSA'S 6 KEY PRINCIPLES

The trauma-informed community promotes involvement of residents and partnership among agencies.

COLLABORATION

The trauma-informed community engages residents to work together on issues of common concern.

PEER SUPPORT

The trauma-informed community values and supports history, culture, and diversity.

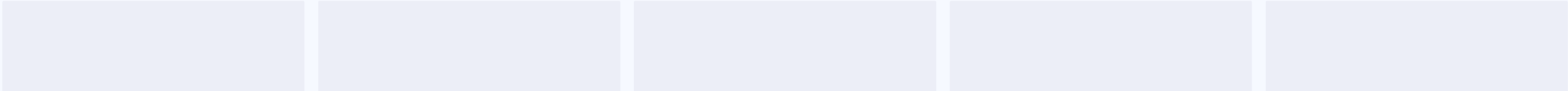
HISTORY, GENDER,  
CULTURE

# HOW TO PREVENT AND MITIGATE THE IMPACT OF ACES

**You need to have a strategic approach that links all community sectors together around the effects of trauma, while preventing gaps in services for clients.”  
(SAMHSA)**

*Recognize the importance of joining a trauma-informed network of care to provide and coordinate buffering resources across sectors. (Nadine Burke-Harris)*

# TRAUMA-INFORMED & RESILIENT COMMUNITIES



SPREAD knowledge about trauma and its impact on children, families, and the community.

EXAMINE current practices when interacting with children and families who have experienced trauma.

IDENTIFY needs for trauma-informed services.

CREATE trauma-informed service systems, such as mental health, education, juvenile justice, and child welfare, to name a few.

PLAN for unified collaboration across systems to bring trauma-informed care to children, families, and the workforce.

# TRAUMA INFORMED COMMUNITY NETWORKS (TICNS)



# 8 Key Elements

Continued :)

Common Agenda & Vision Statement



Structure for Meeting Objectives & Goals



Ongoing Communication & Engagement



System for Measuring Outcomes





# CREATING A STATEWIDE COALITION







# GROUP DISCUSSION





Questions? Thoughts?



We welcome everyone to join us as a place to learn and grow together in becoming trauma-aware, sharing techniques and learning .

**For more information:**

Eastern Shore Healthy Communities' Resilient & Trauma-Informed Communities Work Group

Contact: Patti Kiger

[kigerpg@evms.edu](mailto:kigerpg@evms.edu)

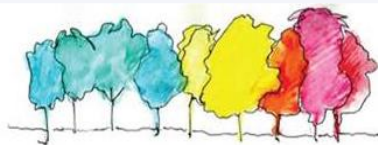
THANK YOU FOR COMING!

**Melissa McGinn, MSW, LCSW**

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Greater Richmond  
Trauma-Informed Community Network

