



## Eastern Shore Healthy Communities

**AN ACHIEVE COALITION**

**GENERAL COALITION MEETING**

Eastern Shore Community College

Thursday, May 9, 2013

Workforce Development Classrooms 160

# AGENDA

Item	Presenter	Time
<b>Welcome &amp; Introductions</b>	Danny Vestal, Chair, ESHC Executive Director, Camp Silver Beach	3:00 pm
<b>Minutes</b>	Partners	3:03 pm
<b>Old Business</b>		
<b>Livable Communities</b>	Rob Testerman, Work Group Chair Land Use Planner, Accomack County	3:05 pm
<b>Fitness Challenge</b>	Andre Elliott, Work Group Chair Director, YMCA	3:10 pm
<b>Worksite &amp; Faith Community Wellness Policies</b> (General Wellness, Physical Activity, Vending Machines & Smoke-free Campus)	Jeanne Joeckel, Work Group Co-Chair Health Educator, Rural Health Systems, Inc.	3:15 pm
<b>Student Advertising Audit</b>	Broadwater Academy Students	3:20 pm
<b>Healthy Options Restaurants &amp; Smart Bites</b>	Joani Donohoe, Work Group Chair Accomack & Northampton Counties Health Departments	3:25 pm
<b>Leadership Institute</b>	Linda Thomas-Glover, Work Group Chair President, Eastern Shore Community College	3:30 pm
<b>New Business</b>		
<b>2013 Strategic Planning Retreat – June 6, 9 am – 3 pm</b> Camp Silver Beach	Patti Kiger, Executive Director Instructor, Eastern Virginia Medical School	3:35 pm
<b>Other</b>	Partners	3:40 pm
<b>Special Presentations</b>		
<b>The Sugar &amp; Bean Project: A Day of Eating &amp; Burning Calories</b>	Polly Stern Teacher, Accomack County Public Schools  This hands-on group activity simulates energy intake, energy usage and fat storage, allowing participants to see that a healthy diet and exercise beats skipping meals for a healthy weight outcome.	3:45 pm
<b>Adjournment</b>		4:30 pm

**Strategic Planning Retreat: Thursday June 6, 9:00 am, Camp Silver Beach:  
Please RSVP!**

**Next Coalition Meeting: June 13, 2013**  
Eastern Shore Community College WFD Conference Room 160